

Come As You Are Sunday A fresh start for us all...

What is it?

Come-As-You-Are Sunday is like an open house — but in a church. It is an invitation for anyone who wishes to come and see what we do. We are a pretty diverse group at Holy Trinity – at different stages of faith and life - so it really is come-as-you-are.



The service will be quite similar to what

we do every week but we've added a few extras for the occasion.

For one, we are inviting everyone to join in a meal after the service a chance to enjoy each other's company, ask questions, and eat some good food. After the 8:30am service there will be a pancake breakfast and after the 10:30am service there will be a home-cooked lunch.

Kids and youth are invited to participate throughout. All younger attendants are welcome to remain in the main service if they like, or we hope they would feel comfortable to join one of the various break-out groups (Church School) available. Where this happens will be explained at the beginning of the service. As well, we have a wellequipped nursery downstairs and there will be some great kids activities led during the lunch. Please note that we will not have children's activities during the 8:30am service.

What does a service look like at Holy Trinity?

Anglican worship might be described as a balance between historical and modern, rooted in historical Christianity, yet shaped also by current context and practice. It has scripture (the Bible) as it's center and source - we **pray** scripture, **sing** scripture and **listen** to scripture as a community. All of this culminates in a meal of thanksgiving called the Eucharist. It is a meal based on the dinner Jesus shared with his followers the night before he died, three nights before he was resurrected. We eat it to give thanks to God and to offer ourselves to him.

Why are we doing Come As You Are Sunday?

You may know much or you may know very little about what happens in a Christian Church. We want to make sure anyone feels welcome to come and join us for at least one Sunday. We're in the neighborhood, and we'd like to introduce ourselves (or re-introduce ourselves as the situation may be). It would be our pleasure to get to know you.

Church is not about Sunday alone — following Jesus is not a one-daya-week thing - but Sunday is when we all gather to worship God, to pray, and to encourage one another. Here some reasons people have given about why they go to church: -to encounter God.

- -to think about someone and something beyond myself. -to reflect on my life.
- -to hear about the needs of others.
- -to learn about Jesus.
- -to feel good.
- -to listen to good music.
- -to be nourished spiritually.
- -to belong to a community. -to find refuge from a hectic life
- -to be welcomed unconditionally.
- -to be in a place where I am not judged. -to be with a group of people who care about others.

As you are able, come and join us.

You are invited.

8:30_{AM} Traditional Worship Breakfast provided. - ÖR -

10:30 AM Worship with full choir and band. Lunch provided. Kids Activities.

Holy Trinity Anglican Church 101 Street & 84 Avenue, Edmonton

